OREGON HOUSING & COMMUNITY SERVICES Multifamily Energy Program

# **HIGH PERFORMANCE VENTILATION**

Date: February 27, 2020

Presenter: Nick Young, Association for Energy Affordability



## **USING GOTOWEBINAR**

Open and close your....

Questions will be taken at the end of the presentation.



## **REGISTER FOR UPCOMING TRAININGS**

Thursday, February 27<sup>th</sup>, 2020, 12pm:

High-Performance Ventilation | <u>REGISTER NOW</u>



## **MEET THE TRAINER**

# <image>

## Nick Young Association for Energy Affordability



## **OR-MEP INCENTIVES**

#### **Qualifying Energy Efficiency Measures**

The OHCS Multifamily Energy Program provides incentives for energy efficiency measures that results in electric savings, including the following:

The OHCS Multifamily<br/>Energy Program (OR-<br/>MEP) provides<br/>incentives for energy<br/>efficiency measures<br/>that results in ELECTRIC<br/>SAVINGSHV



## AGENDA

- Ventilation Basics
- Natural Ventilation
- Exhaust Ventilation
- Balanced Ventilation
- Ventilation Case Studies

## **VENTILATION BASICS**

## **EXISTING MULTIFAMILY BUILDINGS ARE...**

under ventilated

## **OVER VENTILATED**

EraDiCaLy ventilated

Interm Ittently ventilate d



## WHY VENTILATE?

#### **Remove air pollutants**

- Carbon monoxide (CO)
- Carbon dioxide (CO2)
- VOCs glues in building materials, solvents
- Particulates PM 2.5 from cooking/dust/outdoors
- Tobacco smoke
- Radon

#### **Remove moisture**

- Bath, shower, cooking
- People

#### Bring in fresh, clean air

## **GREAT VENTILATION PROVIDES:**

DISTRIBUTION

### FILTRATION





Fresh air is delivered to each living space.

Fresh air and/or room air is continuously filtered.

Pressures in adjacent spaces are balanced.



## **KEY VENTILATION SYSTEM CHARACTERISTICS**

Are there fans?	Where are the fans blowing?	When do the fans operate?	What space does each fan serve?	Is there heat recovery?
•Yes: Active / mechanical ventilation	<ul> <li>In: Supply ventilation</li> <li>Out: Exhaust</li> </ul>	•Always: Continuous •Sometimes:	•Single unit: Individual or unitary ventilation	•Yes: Most efficient; only possible w/ balanced
natural ventilation	•Both: Balanced ventilation	intermittent	• Stack of units, floor, or whole building: Central	•No: Less efficient, more common

# QUESTION BREAK

## NATURAL VENTILATION

## NATURAL VENTILATION

#### No Mechanical Ventilation

- Open windows or central shafts for air flow
- Infiltration of air into and through apartments

#### Advantages

- Already there in older buildings
- Low maintenance

#### Disadvantages

- Nearly impossible to deliver consistent flow rates
- Uncomfortable for occupants
- Incoming air unfiltered
- No longer allowed in new buildings (must have fans)



## NATURAL VENTILATION

#### No Momentation

- Open which we or central shafts for air flow
- Infiltration of an on and through apartments

#### Advantages

- Already there in older buildings
- Low maintenance

#### Disadvantages

- Nearly impossible aeliver consistent flow rates
- Uncomfort ... for occupants
- Incoming air unfiltered

No longer allowed in new buildings (must have fans)

## **EXHAUST VENTILATION**

## **EXHAUST-ONLY VENTILATION**

- Exhaust Fans in Bath & Kitchen
  - Fans can be individual or central
- Advantages
  - Low first cost
- Disadvantages & Resulting Impacts
  - Noise  $\rightarrow$  lack of use
  - Cheap equipment  $\rightarrow$  premature failure
  - Poor installation  $\rightarrow$  poor airflow
  - Uncontrolled infiltration → Makeup air can come in from anywhere, unfiltered
  - No heat recovery  $\rightarrow$  higher heating/cooling loads



## **EXHAUST-ONLY VENTILATION – BEST PRACTICES**

#### ENERGY STAR Fans

- Efficient: ≤ 2.8 cfm/W
- Quiet: ≤ 2.0 Sones

#### Options

- Adjustable speed
- Delay timer
- Humidistat
- Occupancy sensor
- LED light kits

#### Beware bargain basement fans!

• They are cheap and may fail prematurely.







# QUESTION BREAK

## **BALANCED VENTILATION**

## **BALANCED VENTILATION – DESIGN PRINCIPLES**

- Supply to living spaces
  - Bedrooms, living rooms
- Exhaust from wet areas
  - Kitchen, bath, laundry, etc.
- Notes on kitchen exhaust
  - HRV/ERV cannot be directly connected to range hood
  - Solutions:
    - Directly ducted or recirculating range hood
    - Kitchen area exhaust tied to HRV



## **BALANCED VENTILATION – HRV/ERV**

#### Single Unit Provides Supply & Exhaust

- Flowrates balanced or slightly pressurizing units
- MERV 8 or 13 filtration on supply air
- Heat or enthalpy (moisture) recovery core

#### Advantages

- Best available distribution, filtration, and balance
- Reduces heating costs
- Improved comfort warmer winter supply air
- Continuous operation ensures adequate ventilation even w/o tenant understanding

#### Disadvantages

- Higher first cost equipment, ducting, testing
- Filters must be maintained/changed regularly



HRV Diagram: Hammer & Hand

## **BALANCED VENTILATION – HRV VS. ERV**

	HRV	ERV	
Full Name	Heat Recovery Ventilator	Enthalpy (or Energy) Recovery Ventilator	
Type of Heat Exchange	Sensible heat	Sensible heat Latent heat	
Ideal Application	Buildings with high internal moisture gains	Climates with very cold winters or very humid summers	
Condensate drain?	Yes	No	





Images: Building America

## **SELECT UNITS W/ BYPASS FOR FREE COOLING**

#### HRV/ERV with BYPASS can skip heat exchanger

- Good for shoulder seasons and cool summer nights
- Prevents overheating
- Reduces A/C usage & energy consumption; like an economizer
- Many cheaper units do not come with this feature.
- Omit bypass at your own risk!



## **HRV/ERV CONTROLS**

#### Run continuously on low

- Ensures adequate ventilation
- No tenant understanding required

#### Boost mode

- Temporary boost flow rate for showering, cooking
- Can be controlled on manual switch, CO2 sensor, or relative humidity sensor

#### Party mode

• Higher flow rate for longer period of time





## MULTIFAMILY HRV/ERV – CENTRAL VS. UNIT

#### CENTRAL



#### **CENTRAL**

- One HRV/ERV serves multiple units (stack or wing)
- Fire/smoke dampers can add cost
- Easier equipment & filter maintenance

#### <u>UNIT</u>

- One HRV/ERV per unit
- May be lower first cost than central
- Must enter units to maintain equipment & filters

#### UNIT





## **VENTILATION CASE STUDIES**

## **CANAL COMMONS: CENTRAL ERV INSTALLATION**

- Developer: Pacific Crest Affordable Housing
- 48 unit New Construction project in Bend, OR
  - Installing a Greenheck ERV
    - Central unit serving whole building
  - 70% sensible recovery efficiency
- Impacts:
  - Estimated ~12,500 kWh in savings
  - Delivers fresh, filtered and tempered air to units and common areas



## THE MARY ANN: IN-UNIT HRV INSTALLATION

- Developer: REACH CDC
- 54 unit new construction project in Beaverton, OR
  - Aldes H-110 HRV
    - In-unit HRV, mounted above ceiling
    - Exhaust from bathroom, exits through wall

#### Impacts:

- ~21,000 kWh in savings
- Building tightness goals (1.3 ACH50) benefit from improved ventilation
- Odor control





**TOP VIEW** 



## THANK YOU FOR ATTENDING

#### Oregon Housing and Community Services Multifamily Energy Program

www.oregonmultifamilyenergy.com

Nick Young nyoung@aea.us.org

